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Pulsating stars in Local Group dwarf galaxies

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Abstract.

The popularity of pulsating stars resides in their capacity of determining several crucial and relevant parameters such as heliocentric distances, ages, metallicity gradients and reddening. RR Lyrae stars are old stellar tracers and have been detected in nearly all nearby galaxies that have been searched for these stars, with just a few exceptions of very low mass dwarfs. Less common but also of great importance are Anomalous Cepheids, indicators of either old or intermediate-age population, depending on their stellar origin. Classical Cepheids are only found within young stellar populations, and because of their brighter absolute magnitudes, they can be detected in galaxies farther than the Local Group. This paper presents a concise review built upon the aforementioned pulsating stars in Local Group dwarf galaxies and some of their applications to infer important properties of their host galaxies.

Key words. Stars: Variables: RR Lyrae stars, Anomalous Cepheids, Classical Cepheids – Dwarf galaxies: Resolved stellar populations

1. Introduction

Pulsating stars are considered standard candles because they obey well established periodluminosity relations in optical and infrared bands (Catelan & Smith, 2015). Therefore, they are used very often to derive accurate and precise distances. Coming from very different population, Cepheids (Population I) and RR Lyrae stars (RRLs; Population II) can be used as one of the first rungs in the cosmic distance ladder thanks to their recurrent and periodic brightness variation.

By far, the most frequent and common pulsating stars found among Local Group (LG) dwarf galaxies are RRLs (Monelli & Fiorentino, 2022, and references therein). The discovery of the first RRL star was made by Williamina Fleming in the late 19th century through her analysis of plates from Solon Bailey's cluster survey in 1893 (Pickering et al., 1901). Thanks to their well-know periodluminosity relation (also known as Henrietta Leavitt's Law), the popularity of this type of stellar pulsator has increased exponentially, especially in recent decades. The extensive detection of RRL stars in surveys like ASAS, Catalina, DES, Gaia, OGLE, PanSTARRS or ZTF, coupled with their role as stellar tracers of ancient stellar population (Walker, 1989; Savino et al., 2020), positions them as powerful tools to study old stellar structures. In addition, RRLs have been frequently used to detect/confirm new low mass (ultra-faint) and low surface brightness (ultra-diffuse) dwarf

galaxies and to obtain accurate distances to those systems, where the large contamination by field stars makes challenging the determination of distances from isochrone fitting (see e.g., Bechtol et al., 2015; Drlica-Wagner et al., 2015; Torrealba et al., 2016, 2019). In addition, in those systems where the rate of RRLs is statistically significant, RRLs can be utilized as metallicity tracers, giving insight into the chemical evolution of the old population they belong to (see e.g., Sculptor - Martínez-Vázquez et al. 2015, 2016a; Eridanus II -Martínez-Vázquez et al. 2021b). Thus helping us not only to reveal the formation history and chemical evolution of their host galaxy but also to provide clues about the contribution of dwarf galaxies in the formation of the halo of the larger galaxies they are bound to.

Among the brightest and most easily recognized pulsating stars in LG galaxies are Classical Cepheids (CCs) and Anomalous Cepheids (ACs). However, these two types of pulsators belong to different stellar populations. While CCs are young ($\sim 100 - 300$ Myr, De Somma et al. 2020), ACs can belong to either old (\gtrsim 10 Gyr) or intermediate-age (~ 1 - 6 Gyr) population since ACs can form through two different channels: originating either from the evolution of blue straggler stars (binary channel), or else from the evolution of single, metal-poor (Z < 0.0004, Fiorentino et al. 2006), relatively young (≤ 6 Gyr) stars, respectively. Interestingly, (Mateo et al., 1995) reported a correlation between the frequency of ACs (known as log S) and the absolute V magnitude of the host galaxy (M_V) , while Fiorentino & Monelli (2012) found that the frequency of ACs (at a fixed M_V) is higher in systems that harbor intermediate age population. This is attributed to the contributions of the two channels in generating ACs. However, in purely old galaxies such as Sculptor or Eridanus II, only the progeny of binary stars is expected.

The detection of CCs, ACs and RRLs in LG dwarf galaxies is of great importance not only to assess precise and accurate distances to those systems but also to be able to study the radial profiles of different populations –and therefore trace different ages–, measure their

metallicity gradients and help reconstruct the star formation history in galaxies where using population synthesis methods (which requires reaching the main-sequence) is difficult or impossible.

In the following sections, I will highlight some of the results obtained from pulsating variable stars in classical, ultra-faint and ultradiffuse dwarf galaxies. I further discuss how the identification of these pulsating stars provides valuable insights into the star formation history, distance determination and possible tidal disruption of the host galaxy. Finally, I will conclude this manuscript by providing some RRL period-luminosity relations in the SDSS pass-band system to show the potential of having an homogeneous distance calibrator in the near future with the advent of the Vera C. Rubin LSST survey.

2. Deciphering the star-formation with pulsating stars in classical dwarf galaxies

Dwarf galaxies are the most abundant type of galaxy in the Universe. The term dwarf galaxies is used to refer to low luminosity galaxies (typically fainter that $M_V \sim -17$) dominated by dark matter (e.g., Tolstoy et al. 2009). The LG hosts a large number of dwarf galaxies of different morphological types: dwarf spheroidals (dSph; devoid of gas and with no recent star formation history, also called early types), dwarf irregulars (dIrr; gas rich with an active star formation histories) and dwarf transition types (dT; with intermediate properties between the two groups). A classification based on the full star formation histories (SFHs) of dwarf galaxies defines two types of dwarf galaxies: slow and fast dwarf galaxies. Slow dwarfs formed a small fraction of their stellar mass at an early epoch, and continued forming stars until the present (Gallart et al., 2015). All dIrr with available full SFHs can be classified as slow dwarfs. Also, some dSphs like Leo I, Fornax or Carina have important intermediate-age and even young populations, and thus SFHs that resemble those of dIrrs. These can also be classified as slow dwarfs. Fast dwarfs are those that started their evolu-



Fig. 1. Color-magnitude diagrams of three classic dwarf galaxies (Leo A, Leo I and Sculptor) with different morphology and star formation histories. Highlighted are their RRLs (red dots) and Cepheids (blue stars), either CCs or ACs. From left to right, the dominant stellar component transitions from a notable young population to prominent old population. The ratio of RRLs over Cepheids increase also from left to right. It is evident how these pulsating stars prove invaluable in distinguishing among various systems that have experienced distinct star formation histories.

tion with a dominant star formation event and their period of star formation activity was short (less than a few Gyr). Most dSph galaxies are fast dwarfs, but not all.

Numerous works have searched for variable stars within dwarf galaxies (see compilation of references for variable star studies in LG dwarf galaxies made by Martínez-Vázquez et al. 2019 and Monelli & Fiorentino 2022). In the context of this review, I will just mention three galaxies that combine different morphology classification and star-formation histories to show how different star-forming rates impact the population of CCs, ACs and RRLs.

Leo A is a predominantly young dIrr galaxy with a considerable delay in its star formation history. Cole et al. (2007) refer to this galaxy as an extreme case of a "late bloomer" in the LG since they find that over 90% of all the star formation that ever occurred in Leo A happened more recently than 8 Gyr ago (with the peak of the star formation rate happening at 1.5 Gyr) and ongoing star formation to this day (Leščinskaitė et al., 2022). Bernard et al. (2013) identified 156 Cepheids and only 10 RRLs. About the 90% of the detected Cepheids have periods shorter than 1.5 d. In this case also, a comparison with theoretical models using evolutionary tracks for stars that ignite helium in the core in degenerate (ACs) and nondegenerate conditions (CCs) indicate that some of the fainter stars classified as CCs could be ACs. In comparison with Leo I, the density of RRLs in Leo A is very low. This agrees with the star-formation history obtained by Cole et al. (2007) where only a very small amount of star formation occurred in the first few Gyr after the Big Bang.

Leo I is a dSph galaxy with a slow starformation history. Fiorentino et al. (2012) study its pulsating stars and conclude that Leo I contains the largest sample of Cepheids and the largest Cepheids to RRL ratio found in a dSph (106 RRL stars and 51 Cepheids). In addition, because of its extended and recent star formation history (star formation enhancements 13, 5.5, 2, and 1 Gyr ago, after which it was substantially quenched; Ruiz-Lara et al. 2021), its Cepheids traces a unique mix of ACs (blue extent of the red-clump, partially electrondegenerate central helium-burning stars) and short-period CCs (blue-loop, quiescent central helium-burning stars). On the other hand, Sculptor is a dSph galaxy with a fast star-formation history. de Boer et al. (2012) showed that the star formation history of Sculptor is dominated by old (>10 Gyr) stars, and the majority of its total mass in stars was formed between 14 and 7 Gyr ago, with a peak at 13-14 Gyr ago. In terms of pulsating stars, the galaxy does not contain any CC (because of the absence of any recent star-formation), but according to the search for variable stars made by Martínez-Vázquez et al. (2016b), it contains a plethora of RRL stars (536) and a few (4) ACs.

These three illustrative cases comprise two slow galaxies with different stars formation histories (an extended and a very recent one) and one fast dwarf galaxy. These cases help us realize how powerful detecting different types of pulsating stars –such as RRLs, ACs and CCs that belong to different stellar population– are in order to determine the star formation history of the galaxies. Figure 1 shows the colormagnitude diagrams for the three aforementioned galaxies, highlighting their RRLs and Cepheid stars.

3. The role of pulsating stars in "Newly discovered" dwarf galaxies

In the past two decades, we have witnessed the discovery of about 60 new ultra-faint, and two new ultra-diffuse, dwarf galaxies. These have been detected thanks to large-area, deep, multi-color imaging sky surveys carried out with the Dark Energy Camera (e.g., DES, SMASH, MagLites, DELVE), Hyper Suprime Cam, Pan-STARRS and Gaia. The low masses and stellar densities, coupled with the high contamination by field stars, make the determination of morphological parameters and distances for these galaxies a challenging task. A compelling approach to improve the distance determination to these ultra-faint systems -and thus clarify their nature- is to detect RRL members. Moreover, RRLs can also provide valuable insight into the properties of the old stellar population of the host.

3.1. Ultra-faint dwarf galaxies

The Sloan Digital Sky Survey (SDSS) discovered a new class of objects, the ultra-faint dwarf (UFD) galaxies, the first examples being Willman 1 and Ursa Major I (Willman et al., 2005a,b). These UFDs extend the spectrum of properties of classical LG dwarf galaxies to a lower mass regime ($M_V > -7.7$ mag, Simon 2019). Since these first discoveries, more than 50 UFDs have been found in the Milky Way (MW) neighbourhood (see e.g. Drlica-Wagner et al., 2020; Cerny et al., 2023b, and references therein). UFDs are possibly the oldest and most primitive of galaxies (Bose, Deason & Frenk , 2018; Simon, 2019). According to the hierarchical galaxy formation model (White & Frenk, 1991), large galaxies are built up by the accretion of smaller galaxies; thus, UFDs may be representative of the basic building blocks of the galaxy formation process.

There are several studies in the literature searching for variable stars in UFDs. UFDs are prone to harbor at least one RRL if the absolute V magnitude of the host system is $M_V \leq -3.5$ (Martínez-Vázquez et al., 2019). Table 1 shows the updated number of RRL stars (up to the year 2023) associated to ultrafaint systems sorted by their heliocentric distances. The motivation to search for RRL stars in these ultra-faint systems is to get precise distance measurements to help improve estimates of parameters such as the absolute visual magnitude and the physical size of the host. As an example, the first detection of RRL stars in Grus I (2), Phoenix II (1), and in Grus II (1) allowed Martínez-Vázquez et al. (2019) to measure distances of these galaxies for the first time using stellar candles, which placed them farther away than predicted in their discovery papers. These refined distance implied larger sizes for these systems with a 30% change for Phoenix II and 5% for Grus I and Grus II. RRL stars can also be instrumental in studying the extent of the systems and identifying potential tidal stripping. Garling et al. (2018) identified three extra-tidal RRL stars in Hercules in addition to its nine already known RRL stars within its tidal radius (Musella et al., 2012), which suggest that Hercules has been tidal stripped.

Table 1.	Compilation	of the	number	of RRL	stars	found i	n ultra-faint	dwarf	(UFD)	systems	up
to the year	ar 2023.										

Name	α_{J2000} (deg)	δ_{J2000} (deg)	N _{RRL}	References
Dra2	238.198333	64.565278	0	Vivas, Martínez-Vázquez & Walker (2020)
Tuc3	359.1075	-59.58332	6	Vivas, Martínez-Vázquez & Walker (2020)
Seg1	151.7504	16.0756	1	Simon et al. (2011)
Hyi1	37.3890	-79.3089	4	Koposov et al. (2018); Vivas, Martínez-Vázquez & Walker (2020)
Car3	114.6298	-57.8997	0	Torrealba et al. (2018)
Tri2	33.3252	36.1702	0	Vivas, Martínez-Vázquez & Walker (2020)
Cet2	19.4700	-17.4200	0	Vivas, Martínez-Vázquez & Walker (2020)
Ret2	53.9203	-54.0513	0	Vivas, Martínez-Vázquez & Walker (2020)
UMa2	132.8726	63.1335	4	Dall'Ora et al. (2012); Vivas, Martínez-Vázquez & Walker (2020)
Seg2	34.8226	20.1624	1	Boettcher et al. (2013)
Car2	114.1066	-57.9991	3	Torrealba et al. (2018)
Will1	162.3436	51.0501	0	Siegel et al. (2008)
Boo2	209.5141	12.8553	1	Sesar et al. (2014)
CBer	186.7454	23.9069	3	Musella et al. (2009); Vivas, Martínez-Vázquez & Walker (2020)
Boo3	209.3000	26.8000	7	Sesar et al. (2014); Vivas, Martínez-Vázquez & Walker (2020)
Tuc4	0.717000	-60.8300	1	Stringer et al. (2021)
Tuc5	354.3470	-63.2660	0	Vivas, Martínez-Vázquez & Walker (2020)
Gru2	331.0250	-46.4420	1	Martínez-Vázquez et al. (2019)
Tuc2	342.9796	-58.5689	3	Vivas, Martínez-Vázquez & Walker (2020)
Boo1	210.0200	14.5135	16	Dall'Ora et al. (2006); Siegel (2006); Vivas, Martínez-Vázquez & Walker (2020)
Sag2*	298.168750	-22.068056	6	Joo et al. (2019); Vivas, Martínez-Vázquez & Walker (2020)
DELVE2	28.7720	-68.2530	0	Cerny et al. (2021a)
Eri4	76.4380	-9.5150	1	Cerny et al. (2021b)
Hor2	49.1077	-50.0486	0	Vivas, Martínez-Vázquez & Walker (2020)
Hor1	43.8813	-54.1160	0	Vivas, Martínez-Vázquez & Walker (2020)
Phe2	354.9960	-54.4115	1	Martínez-Vázquez et al. (2019)
Peg4	328.5390	26.6200	3	Cerny et al. (2023a)
Vir1	180.0380	-0.6810	0	Vivas, Martínez-Vázquez & Walker (2020)
Eri3	35.695200	-52.2838	1	Vivas, Martínez-Vázquez & Walker (2020)
Ret3	56.3600	-60.4500	1	Vivas, Martínez-Vázquez & Walker (2020)
UMa1	158.7706	51.9479	7	Garofalo et al. (2013)
Kim2*	317.2020	-51.1671	0	Martínez-Vázquez et al. (2019)
Aqu2	338.4813	-9.3274	1	Hernitschek et al. (2019)
Cen1	189.5850	-40.9020	3	Martínez-Vázquez et al. (2021c)
Gru1	344.1660	-50.1680	2	Martínez-Vázquez et al. (2019)
Her	247.7722	12.7852	12	Musella et al. (2012); Garling et al. (2018)
Hyd2	185.4251	-31.9860	1	Vivas et al. (2016)
Leo4	173.2405	-0.5453	3	Moretti et al. (2009)
CVen2	194.2927	34.3226	2	Greco et al. (2008)
Leo5	172.7857	2.2194	3	Medina et al. (2017)
Pis2	344.636458	5.955544	2	Garofalo et al. (2021)
Peg3	336.107417	5.415047	2	Garofalo et al. (2021)
Cet3	31.3310	-4.2700	1	Stringer et al. (2021)
Eri2	56.0925	-43.5329	67	Martínez-Vázquez et al. (2021b)
And16	14.87625	32.37611	8	Martínez-Vázquez et al. (2017); Monelli et al. (2016)
And13	12.96250	33.00444	9	Yang & Sarajedini (2012)
And11	11.582080	33.80278	15	Yang & Sarajedini (2012)

Notes.- The table is sorted by heliocentric distances, ranging from 21.5 kpc (Dra2) to 763 kpc (And11). Systems marked with an asterisk (*) are now confirmed clusters.

In particular, the location of one of the outer RRLs is aligned with Hercules' orbit and consistent with the debris being in that direction.

The most exhaustive investigation concerning the association of RRL stars with UFDs was carried out by Vivas, Martínez-Vázquez & Walker (2020) using the Gaia DR2 RRL catalog (Clementini et al., 2019). Vivas, Martínez-Vázquez & Walker (2020) found 47 RRL stars associated with 14 different MW ultra-faint satellites within 100 kpc. They identified RRLs for the first time in Tucana II, finding additional members in Ursa Major II, Coma Berenices, Hydrus I, Bootes I and Bootes III, and distinguishing possible candidate extra-tidal RRLs in Bootes I, Bootes III, Sagittarius II (cluster), Tucana III, Eridanus III (unclassified system), and Reticulum III. Recently, several independent studies kept searching and detecting RRL

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Fig. 2. Number of RRL stars in dwarf galaxies as a function of the absolute *V* magnitude of the host galaxy, M_V . The different colors represent the area (in r_h units) of the variable star search for a given galaxy. The black and green dashed lines show the linear fit between $\log N_{RRL}$ and M_V for those galaxies where the variability search areas was greater or equal than $2r_h$ obtained by Martínez-Vázquez et al. (2019) and this work after including updates (up to the year 2023). The left panel is in semi-logarithmic scale while the right panel is a zoom-in of the left panel on the faint dwarf regime ($M_V > -7.7$ mag) in a linear scale. The black and green lines represent the same respective fits in the left and right panels.

stars as member of newly discovered galaxies (DELVE 2: Cerny et al. 2021a, Centaurus I: Martínez-Vázquez et al. 2021c, Eridanus IV: Cerny et al. 2021b, Pegasus IV: Cerny et al. 2023a) or already know UFDs (Pisces II, Pegasus III: Garofalo et al. 2021, Eridanus II: Martínez-Vázquez et al. 2021b), Cetus III, Tucana IV: Stringer et al. 2021). In these studies, distant RRL stars have been identified at $\sim 6 r_h$ from Tucana IV and Centaurus I and $\sim 10 r_{\rm h}$ from Pegasus IV. The detection of the aforementioned distant RRLs may suggests that a past tidal disruption could have happened in these galaxies. Nonetheless, to confirm this scenario, radial velocities of these stars are needed to determine whether those RRLs are (or are not) members of those UFDs.

Figure 2 shows a comprehensive analysis up to the year 2023 of the number of RRLs in dwarf galaxies. This figure is an updated version of Figure 10 in Martínez-Vázquez et al. (2019) and it includes as a color-map the information about the variable star search area (in r_h units) for each galaxy. An updated fit of the number of RRL stars as a function of M_V for those galaxies where the variability search covers an area greater or equal than $2r_h$ (green dashed line in Figure 2) is given by:

 $\log N_{\rm RRL} = -0.296 \pm 0.013 M_{\rm V} - 0.797 \pm 0.107(1)$

which is nearly identical to the relation provided by Martínez-Vázquez et al. (2019) (black dashed line in Figure 2) but with slightly improved precision in the coefficients.

Either by utilizing this correlation or by examining Figure 2, we can deduce that the discovery of new UFDs through the identification of cluster of RRLs (Baker & Willman, 2015) will be effective only for those UFDs brighter than $M_V \sim -4$ mag. Stringer et al. (2021) quantified the sensitivity of this search using a suite of simulated satellite galaxies generated by Drlica-Wagner et al. (2020) where the expected number of RRLs was predicted by using the previous version of Eq. (1). They found that an RRL-based search is more sensitive than those using resolved stellar populations in the regime of large (r > 500 pc) and low surface-brightness dwarf galaxies. However, the isochrone matched-filter searches remain more sensitive for satellites with $M_V > -5$ mag, due to the small number of RRLs expected in these galaxies.



Fig. 3. Census of RR Lyrae stars (upper left), anomalous Cepheids (upper right), classical Cepheids (bottom left) and type II Cepheids (bottom right) in LG dwarf galaxies. The size of the symbols is a representation of the number of stars of each type that a galaxy contains. The upper panels depict the LMC and SMC as unfilled symbols to enhance visualization. As both galaxies are known for harboring a substantial population of RR Lyrae stars and anomalous Cepheids, their symbols overlap with others, and if filled, they would obscure them.

3.2. Ultra-diffuse dwarf galaxies

Torrealba et al. (2016, 2019) discovered two new MW dwarf galaxies (Crater II and Antlia II) of a type unprecedented in the MW vicinity, the so-called *ultra-diffuse galaxies* (UDG). These galaxies have stellar masses comparable to classical dwarfs like Sculptor or Fornax but they are much more extended systems. Their surface brightnesses are fainter than 30 mag arcsec⁻². Recent publications show that these galaxies host hundreds of RRL stars (99 Crater II, Joo et al. 2018; Vivas et al. 2020; 318 Antlia II; Vivas et al. 2022) plus several ACs (7 Crater II, 8 Antlia II) located within 2 r_h.

From the spatial distribution of the RRLs in Crater II, Vivas et al. (2020) detect a more elongated shape ($\epsilon = 0.24$) than found when selecting giant branch stars ($\epsilon = 0.12$). From

their high quality light curves, they refine the distance of Crater II at 117 ± 4 kpc and measure a metallicity dispersion of 0.2 dex, consistent with that found for the RGB members stars by spectroscopy (Caldwell et al., 2017; Fu et al., 2019), and with its relatively narrow red giant branch (Walker et al., 2019).

Antlia II also shows an elongated shape $(\epsilon = 0.28)$ from its population of RRLs (Vivas et al., 2022), although a more extended shape has been measure by their spectroscopic members ($\epsilon = 0.60$, Ji et al. 2021). It is slightly farther (average distance to Antlia II based on the RRLs is 124.1 kpc), more massive and extended than Crater II (r_h is ~ 3 times larger), and it exhibits a distance gradient of 2.72 kpc deg⁻¹ along the semi-major axis of the galaxy – with the southeast side being farther away than the northwest side. The elongation along the



Fig. 4. Distribution of dwarf galaxies in the sky up to ~ 2 Mpc. The red dot symbols are those galaxies where variable star searches have been conducted beyond 2 r_h . Blue circles are those that do not meet the above criteria but where variable searches have been carried out. Black crosses are galaxies with no variability studies to the date. To allow the readability of the figure, only galaxies with variable star searches covering an area larger than 2 r_h have been labeled.

line of sight is likely due to the ongoing tidal disruption of Antlia II. In particular, Vivas et al. (2022) show that a model in which Antlia II is tidally disrupting explains the observed distance gradient from the RRLs.

4. Updated census of pulsating stars

Using the compilation from Martínez-Vázquez et al. (2019); Vivas, Martínez-Vázquez & Walker (2020) and recent updates (see Table 1) for RRL stars and the compilation of Monelli & Fiorentino (2022) for CCs, ACs and type II Cepheids, Figure 3 shows the amount of each of these pulsating stars (weighted by the symbol size) in LG dwarf galaxies. Looking at these maps, one can clearly notice how RRLs are the most abundant pulsating stars detected in the LG.

Figure 4 displays the distribution of all the known dwarf galaxies up to ~ 2 Mpc.

The chart highlights whether variability studies have been carried out in these galaxies or not. To date, there are 129 dwarf galaxies within 2 Mpc and to the best of my knowledge variability studies have been carried out in 88 of them. However, there are only 57 dwarf galaxies where their variable star searches span an area up to or beyond 2 half-light radii. From the 41 without variable studies yet, only 5 of them have distance moduli below 20.5 mag and thus can be searched with Gaia for RRL stars.

5. Towards an homogeneous RR Lyrae distance scale

In the past few decades, the use of the SDSS pass-bands has become significant in big survey *cannons* such as PanSTARRS and DECam. The upcoming Vera Rubin LSST survey will also observe in the *ugrizy* bands.

Studies based on star formation histories of LG galaxies show that all systems contain an old population (see e.g., Weisz et al., 2014). Since old populations are ubiquitous, RRL stars can be found almost everywhere in our Local neighborhood.

In order to get precise and homogeneous distances using RRL stars, it is crucial to build period-luminosity relations in the SDSS bands. Recently, Marconi et al. (2022) provided new theoretical period-luminosity-metallicity relations for the Vera C. Rubin LSST filters.

However, only a few empirical periodluminosity relations in the SDSS bands have been derived (Sesar et al., 2017; Vivas et al., 2019; Martínez-Vázquez et al., 2021b), utilizing systems that exhibit distinct metallicity distributions.

Figure 5 presents the period-luminosity relations of the only three galaxies with enough RRL stars and well-sampled light curves observed with DECam in the g, r, ibands (Sextans: Vivas et al. 2019, Crater II: Vivas et al. 2020, and Eridanus II: Martínez-Vázquez et al. 2021b). The zero-point differences are mainly driven by the metallicity dependence. Since Sextans and Crater II share the same mean metallicity of $[Fe/H] \sim$ -2.0 dex (Battaglia et al., 2011; Ji et al., 2021) both data set overlap and share a common period-luminosity relation in the g-band (upper panel). Eridanus II is a more metal-poor system, [Fe/H] ~ -2.4 dex (Li et al., 2017). This is reflected in its fainter absolute magnitudes, i.e., larger zero-point.

Deriving a well-calibrated set of periodluminosity relations in the SDDS bands that spans various metallicity and period ranges is essential as the Vera C. Rubin LSST survey begins detecting RRL stars, aiming for accurate distance measurements. This effort will enhance our ability to gain a more detailed understanding of the Galactic structure.

6. Conclusion and Final Remarks

About 130 known dwarf galaxies within a heliocentric distance of 2 Mpc reside in our LG. Out of them 44% have a catalog of variable



Fig. 5. Period versus absolute magnitude plots in the *g*, *r*, *i* bands for different dwarf galaxies observed with DECam (dots: Sextans, squares: Crater II, stars: Eridanus II). The different colors represent the different types of RRLs (blue: RRab, orange: RRc, green: RRd). The periods of the RRcd stars have been fundamentalized. The solid lines are the empirical period-luminosity relations derived by fitting the data (black: Sextan, Crater II or both (\langle [Fe/H] $\rangle \approx -2.0$); red: Eridanus II (\langle [Fe/H] $\rangle \approx -2.4$).

stars that at least reach $2r_h$ and 32% have not yet been searched for variables (see Figure 4).

We are continuing our observations on these interesting and important systems, and anticipate a harvest of new galaxies to study following the commencement of the Vera C. Rubin LSST survey.

Additionally, future imaging surveys will lead to the detection of new UFDs and UDGs (see, e.g., Mutlu-Pakdil et al., 2021). The characterization of these systems is of great value to study the dark matter (Nadler et al., 2021) and trace the mass assembly history of the MW. The determination of accurate and precise distances is crucial in determining the nature (mass and size), orbits, and pericentric passages of these Galactic building blocks.

The advent of extremely large telescopes allow the detection of RRL stars up to 6 Mpc and, therefore, will enable the study of old populations in systems where the main-sequence cannot be resolved. As shown in this review, the identification and analysis of pulsating stars that belong to different stellar populations such as Cepheids and RRLs, will be crucial to decipher the star-formation history and to investigate age gradients in their host galaxies.

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